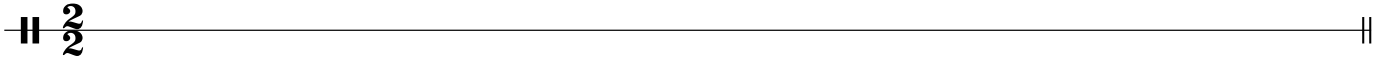


# MY DAILY RHYTHM WORKOUT

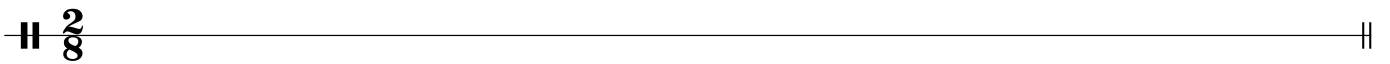
SUNDAY



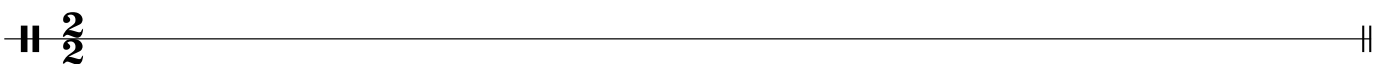
MONDAY



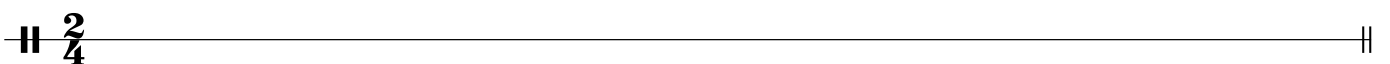
TUESDAY



WEDNESDAY



THURSDAY



FRIDAY

