

PRACTICE PLAN

tick the box for each day you practice the listed exercise

	Tetrachord Cycle #1	Double Tetrachord Cycle #1	Six Divisions of a Pulse
Mon, 7 Dec 2020			
Tue, 8 Dec 2020			
Wed, 9 Dec 2020			
Thu, 10 Dec 2020			
Fri, 11 Dec 2020			
Mon, 14 Dec 2020			
Tue, 15 Dec 2020			
Wed, 16 Dec 2020			
Thu, 17 Dec 2020			
Fri, 18 Dec 2020			
Mon, 21 Dec 2020			
Tue, 22 Dec 2020			
Wed, 23 Dec 2020			
Mon, 28 Dec 2020			
Tue, 29 Dec 2020			
Wed, 30 Dec 2020			
Mon, 4 Jan 2021			
Tue, 5 Jan 2021			
Wed, 6 Jan 2021			
Thu, 7 Jan 2021			
Fri, 8 Jan 2021			